

Debbie Ford - Biography

About the Author

Debbie's first three books, *The Dark Side of the Light Chasers*, *Spiritual Divorce* and *The Secret of the Shadow*, are still known as groundbreaking, pioneering work in emotional and spiritual education. They take the reader on amazing journeys into the internal world, laying out the blueprint of the human psyche. They are honest, straightforward and practical. Debbie's books are used by universities, teachers, lawyers, mediators, and therapists around the world to support others in a true healing of the heart. Her next two books, *The Right Questions* and *The Best Year Of Your Life*, birthed out of her innovative and unique coaching training programs, guide people and give them an outer map to follow to reach their goals, to overcome their limitations, and to make choices that empower and lead them forward. And now in her sixth book, which her publisher calls her tour-de-force, Debbie uses her 15 years as a writer, teacher, coach and speaker to pull together and expose the greatest human tragedy, the internal split that happens for each and every human as they develop and get socialized into a world of conflicts and polarities.

About the Speaker

Debbie loves to engage with the audience, invite them to discover the source of their discontent and resignation, and reconnect with their greatest dreams. Her comfort and unparalleled capacity to be transparent, vulnerable and authentic encourages and inspires her audience to be the same. This process is magical to witness. The palpable experience of freedom emerges by the end of her talks. A light comes on in people's eyes, a light which comes from opening to something outside one's own mind, a light of connection to a deeper knowing. As an observer, you will be awed by the process and the power Debbie unleashes in her audiences by tapping into their internal wisdom. It is a process of moving from the mind to the heart. When Debbie leads people literally out of our minds, they step into a consciousness level of authentic truth where they are able to see outside the limited perspective of reality as it is right now. Instead, people can see beyond and through the eyes of the whole. Join Debbie for this exciting, fascinating and holy experience.

About the Teacher

Debbie's quick wit, her ability to stand strong in the presence of human pain and suffering, her true belief that we are all encoded with the ability to serve and be our greatest admirer has gained her the support of the greatest spiritual teachers of our time, from Deepak Chopra and Marianne Williamson to Neale Donald Walsch and Andrew Harvey. Debbie is never willing to settle for anyone being less than what is possible for themselves. Debbie offers straight, honest talk and feedback which always makes a difference in the lives of others. She has an uncanny and unique ability to see

beyond the mask and the false personas that we all wear and because of this, she has earned the right to be known as one of our greatest teachers.

About the Trainer

“Debbie Ford is a terrifyingly dynamic life coach who could coax a storm cloud into purging itself of unhealthy tendencies toward lightning and thunder.”

– People Magazine

What is so terrifying? To be present to someone who is willing to speak the truth, someone who is willing to acknowledge that we all have the tendency to lie, betray, cheat and inflate ourselves. We also have the ability to have impeccable integrity, to be faithful, to be courageous and to be an expression of the divine. Debbie’s laser eye and her courageous voice have popped millions out of denial and terrified the weak of heart. If you want to experience magic, miracles and true evolution, come spend the weekend with Debbie. You will laugh, you will cry, you will scream, and you will bask in a joy you have rarely accessed. At the end of a weekend with Debbie, you will know what it is to be whole again.

Early in her career, Debbie realized that one of her gifts was to bring large groups of people through the transformational process. Participants come from around the world where her books are translated into over 20 languages. She is a proven master at enrolling people in excellence, impeccability, integrity, risk, powerful choices, responsibility, cleaning up the past and letting go, forgiving, and ultimately in caring for themselves like they are the most precious people on the planet.

After experiencing the power and effectiveness of the personal transformation her work delivers, Debbie founded the Ford Institute for Integrative Coaching to support the highest expression of those people who want to make a difference in the world. She has trained hundreds of highly trained professionals in innovative coaching models, tools, techniques and processes to support others in healing their hearts, clarifying their goals, creating lives beyond the limitations of their old beliefs and behaviors, and embracing and integrating their whole selves.

About the Media

Debbie has been featured on Oprah, Larry King LIVE!, Good Morning America, The Big Idea with Donny Deutsch, and Fox News. Debbie also hosts a weekly radio program on HayHouseRadio.com.

About the Philanthropist

Inspired by Oprah's commitment to educate girls and at the urging of her friend Vivian Glyck, founder of the Just Like My Child Foundation, Debbie and her son Beau committed to building a school in the rural parts of Uganda. This project tapped into the resources, commitment, inspiration and calling in her community of Integrative Coaches

to give, to help, to contribute, to educate and to take responsibility for the greater whole. This effort led to the creation of The Global Heart of Integrative Coaching, a nonprofit organization on whose board Debbie serves as Chairman. Based on the contributions of hundreds of people from around the world in partnership with The Just Like My Child Foundation, the first school will start to be built in the Fall of 2008. Debbie and the other coaches, teachers and community members she has inspired are committed to raising tens of millions of dollars to put in strong foundations of education and health into rural communities, changing the lives of thousands of children around the world. All are invited to be a part of this one vision, one mission, and one heart.